

# NETBALL ORKNEY CLUB HANDBOOK







# Welcome to Netball Orkney!

### Dear Members.

We are delighted to welcome you to Netball Orkney, a vibrant and inclusive netball community. Whether you are a seasoned player or new to the sport, our club is dedicated to providing a supportive environment where you can thrive both on and off the court. We look forward to sharing the joys of netball with you and building lasting friendships.

Netball Orkney was born in 1988, by our founding members, creating a space for senior women to play netball and compete in an annual competition against our neighbouring island, Shetland. Over the years the club has developed and grown and we are proud to be one of the largest member sports club in Orkney. We offer coaching to under 13's, under 15's, under 18's, and seniors, as well as facilitating a primary league, and running a junior and senior league as well. Our county teams over the years have competed in various competitions throughout the country, and have shown we have a lot to offer for a small island. Our junior teams currently compete in the U15's and U17's sirens district competitions, and our seniors in the Scottish cup. By far, the most passionate competition in the calendar has to be our junior and senior inter-county's against Shetland where the game is fiercely contested between the two sides.

Our biggest achievements as a club are;

- Inter-district U17 champions 2019
- Sirens district North winners 2022 and 2023
- Sirens district finalists 2022 and 2023
- ·Evelyn Beattie Quaich winners 2013, 2023
- Invitational island games bronze medallists 2023
- Orkney young team performance of the year 2023

We are also very proud to have been the starting club for many national players, and have given them their first steps in their netball career.

However you want to enjoy netball, we hope to provide an inviting community club, where you can get involved, enjoy netball whilst creating a healthy lifestyle for yourself.

# A. Vision and Purpose

Vision: To be a leading sports club in Orkney, fostering a strong sense of community, sportsmanship, and individual development.

Purpose: Netball Orkney is committed to providing a supportive and inclusive environment for individuals of all ages and skill levels to enjoy and excel in the sport of netball. We aim to promote physical well-being, teamwork, and personal growth through engaging and inclusive netball activities.

#### **B.** Aims and Objectives

## 1. Developing Skills:

- Provide quality coaching to enhance the netball skills of all members. The current coaching groups we offer are: under 13's, under 15's, under 18's, seniors.
- Encourage continuous skill development through regular training sessions and workshops.

#### 2. Promoting Inclusivity:

- Create a welcoming environment that embraces diversity and inclusivity.
- Facilitate programs to ensure equal opportunities for participation regardless of age, gender, or ability.

## 3. Community Engagement:

- Actively contribute to the local community through outreach programs and events.
- Collaborate with schools and community organizations to promote netball at the grassroots level.
- Communicate with our members through social media;

https://www.facebook.com/netballorkney

https://www.instagram.com/netballorkney

## 4. Sportsmanship and Respect:

- o Instil values of sportsmanship, fair play, and respect for opponents, officials, and teammates.
- Create a positive and respectful culture within the club.

# C. Club Identity

i. Club Colours, Name, and Logo

Colours: Our official club colours are red, white and black.

Name: Netball Orkney

Logo:

nefballorkney

#### E. Member Affiliation

All members of Netball Orkney are required to affiliate with Netball Scotland when they join the club. Netball Orkney affiliation fees for the 2023-24 upcoming season were wavered.

Affiliation to Netball Scotland ensures that our members are covered by the necessary insurance and have access to a range of benefits provided by the national governing body.

- Fan/parent/volunteer- Level 1
- Junior/recreational senior/senior league player- Level 2
- Umpire/official/coach-Level 3
- Junior playing in senior league/competitive senior- Level 4

This can be accessed and completed on their website:

# https://netballscotland.justgo.com/Account.mvc/LogIn

# F. Training Facility

Our club's training facility is located at Kirkwall Grammar School and the Pickaquoy centre. We are committed to providing a safe and well-equipped space for our members to train, improve their skills, and enjoy the camaraderie of the sport.

# E. Code of conduct

Fair Play Policy: Netball Orkney is committed to promoting fair play among all participants, volunteers, coaches, and parents. Our aim is to foster an environment where players are not only encouraged to be 'good sports' but also to cooperate, respect their teammates, coaches, and officials, and, most importantly, to enjoy the game while having FUN.

All members and supporters are asked to abide by the following rules at all times:

- Co-operate fully, respecting all requests and decisions made by coaches, helpers, officials and administrators.
- · Be on time for training sessions, matches and competitions.
- Control their tempers and avoid behaviour which may disrespect or upset others.
- Treat opponents, team mates and officials with respect at all times on and off the court.
- Be considerate to others and work as a team.
- Treat others equally, regardless of age, race, experience or ability.
- Accept both success and failure in an appropriate manner.
- Do not purchase or consume alcohol, tobacco products, solvents, illegal drugs of any kind or purchase dangerous articles i.e. knives whilst taking part in Club activities.
- Do not participate in any Club activity whilst under the influence of alcohol or drugs. Members shall not promote, give or sell any drugs to another member whilst participating on the Club premises or participating in any Club activity.
- Take good care of all property belonging to the Club or any Club member.

Junior members should not leave sessions without permission of the person(s) responsible for them. ü Be responsible for caring for your own equipment, clothing and property. ü

No jewellery (including ALL piercings) or unsuitable clothing/footwear is to be worn during any practical Club sessions.

Long hair must be tied back when playing.

## F. Committee contacts

Chair	chair.netballorkney@hotmail.com
Vice-Chair	-
Secretary	netballorkney@hotmail.com
Junior Treasurer	treasurer.netballorkney@hotmail.co.uk
Senior Treasurer	seniortreasurer.netballorkney@hotmail.com
Welfare Protection Officer	wpo.netballorkney@hotmail.co.uk
Bookings Secretary	bookings.netballorkney@hotmail.co.uk
Senior Netball	senior.netballorkney@hotmail.co.uk
Junior Netball	junior.netballorkney@hotmail.co.uk

# G. Complaints

Netball Orkney is committed to providing a safe, respectful and inclusive environment for everyone involved in its activities. The club values feedback and recognises that complaints form part of the club evaluation and improvement cycle. As such, all complaints will be treated seriously, in a confidential, impartial manner and will respect the rights and privacy of all parties involved.

Please refer to our complaints policy, and the quick guide below:

Does your concern relate to any coaching programme or supervision matter?

Yes- raise the matter informally with the person or people involved, in a respectful and constructive manner, as soon as possible after the incident or issue occurs. If you are dissatisfied with the response given or decision made, contact the secretary or email netballorkney@hotmail.com

Ils your concern about a coach or volunteer?

Yes- Contact the secretary or email netballorkney@hotmail.com

Is your concern about Competition, Match Regulation, Operating Standards or any matter relating to Netball Scotland?

Yes- contact Netball Scotland directly

Is your concern about an individual child's behaviour at training/club event? Yes- contact lead coach directly, or email netballorkney@hotmail.com

#### H. Child Welfare

Netball Orkney abide by the Netball Scotland child welfare policies. If you have any welfare concern, please contact the WPO, or email <u>wpo.netballorkney@hotmail.co.uk</u>

### I. Club standards

Netball Orkney is a Thistlemark standard club, accredited by Netball Scotland. You will find our club policies on our website.

#### J. Volunteers

If you are interested in getting involved with the club, it would be great to have you on board. Email the secretary on <a href="mailto:network.com">netballorkney@hotmail.com</a>

All our volunteers who are working with young people or coaching will be PVG checked, and must complete the Child Protection and Wellbeing in Sport course.